



Implementing a Donor Milk Program

Resource Guide

SUMMARY

Recent Center for Disease Control and Prevention (CDC) data show that many neonatal intensive care units do not yet provide donor milk, despite the American Academy of Pediatrics' guidance.

Further, previous CDC data demonstrate the inequitable distribution of donor human milk by race, highlighting the need to center equity in donor milk provision.

Pasteurized donor human milk from a Human Milk Banking Association of North America (HMBANA) accredited milk bank is a safe and cost-effective way to meet this standard of care. Implementing a donor milk program takes thoughtful planning.

Mission and Vision

HMBANA advances the field of nonprofit milk banking through member accreditation, development of evidenced-based best practices, and the advocacy of breastfeeding and human lactation to ensure an ethically sourced and equitably distributed supply of donor human milk..

HMBANA believes in a world where all infants have access to human milk through the support of breastfeeding and the use of pasteurized donor human milk.

HUMAN
MILK BANKING
ASSOCIATION OF NORTH AMERICA



www.hmbana.org



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Learn more about HMBANA and our 31 member milk banks



RESOURCE LINKS



[Academy of Breastfeeding Medicine](#)

[American Academy of Pediatrics](#)

[American Nutrition and Dietetics - blue book](#)

[America's Essential Hospitals - Use of Donor Human Milk](#)

[Baby Friendly NICU Toolkit](#)

[Center for Disease Control](#)

[Neonatal Quality Improvement Collaborative of Massachusetts-neoQIC](#)

[Nec Society](#)

[PATH](#)

[The Joint Commission](#)

[UCSD SPIN Program](#)

[UCSF NICU Toolkit for Black Families](#)

[UCSF NICU Toolkit for Hospitals and Birth Centers to Better Support Black Families](#)

[United States Breastfeeding Coalition](#)

[WHO - World Health Organization](#)

Current Recommendations for PDHM Use

[Surgeon General Call to Action \(2011\)](#)

[AAP Donor Milk Policy \(2017\)](#)

[AAP/ACOG Perinatal Guidelines \(2017\)](#)

[AAP Nutrition Book \(2020\)](#)

[HHS Dietary Guidelines \(2020\)](#)

[AAP Red Book \(2021\)](#)

[AAP Human Milk and VLBW \(2021\)](#)

[AAP Breastfeeding Clinical Report \(2022\)](#)

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Find your nearest HMBANA milk bank.

Thirty-one member milk banks throughout the United States and Canada.



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GETTING STARTED



First Steps Checklist

- Build a multidisciplinary team
- Define your call to action & timeline
- Write your pitch to share with leadership
- Identify stakeholders & obstacles
- Do your research to build a case
 - rationale for use
 - breastfeeding rates
 - breastmilk feeding data
 - NEC rates
 - Chart reviews
 - Cost savings and cost of not using PDHM
- Build a budget for your program
- Make a plan to share with organizational decision makers

Toolkit Essentials

- | | |
|---|--|
| <input type="checkbox"/> Family engagement <ul style="list-style-type: none">• culturally-appropriate educational materials | <input type="checkbox"/> Write Donor Milk Policy |
| <input type="checkbox"/> Staff education <ul style="list-style-type: none">• best practice and research | <input type="checkbox"/> Consider Consent form |
| <input type="checkbox"/> Develop patient criteria for PDHM | <input type="checkbox"/> PDHM management <ul style="list-style-type: none">• best practice and logistics• preparation |
| | <input type="checkbox"/> Review regulatory issues |

