

SUMMARY



Recent Center for Disease Control and Prevention (CDC) data show that many neonatal intensive care units do not yet provide donor milk, despite the American Academy of Pediatrics' guidance.

Further, previous CDC data demonstrate the inequitable distribution of donor human milk by race, highlighting the need to center equity in donor milk provision.

Pasteurized donor human milk from a Human Milk Banking Association of North America (HMBANA) accredited milk bank is a safe and cost-effective way to meet this standard of care. Implementing a donor milk program takes thoughtful planning.

Mission and Vision

HMBANA advances the field of nonprofit milk banking through member accreditation, development of evidenced-based best practices, and the advocacy of breastfeeding and human lactation to ensure an ethically sourced and equitably distributed supply of donor human milk...

HMBANA believes in a world where all infants have acceess to human milk through the support of breastfeeding and the use the use of pasteurized donor human milk.





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<u>Learn more about HMBANA</u> and our 31 member milk banks



RESOURCE LINKS

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Academy of Breastfeeding Medicine

American Academy of Pediatrics

American Nutrition and Dietetics - blue book

<u>America's Essential Hospitals - Use of Donor Human Milk</u>

Baby Friendly NICU Toolkit

Center for Disease Control

Neonatal Quality Improvement Collaborative of

Massachusetts-neoQIC

Nec Society

<u>PATH</u>

The Joint Commission

UCSD SPIN Program

UCSF NICU Toolkit for Black Families

UCSF NICU Toolkit for Hospitals and Birth Centers

to Better Support Black Families

United States Breastfeeding Coalition

WHO - World Health Organization

Current Recommendations for PDHM Use

Surgeon General Call to Action (2011

AAP Donor Milk Policy (2017)

AAP/ACOG Perinatal Guidelines (2017)

AAP Nutrition Book (2020)

HHS Dietary Guidelines (2020)

AAP Red Book (2021)

AAP Human Milk and VLBW (2021)

AAP Breastfeeding Clinical Report (2022))







Find your nearest HMBANA milk bank.

Thirty-one member milk banks throughout the United States and Canada.



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GETTING STARTED

First Steps Checklist
Build a multidisciplinary team
Define your call to action & timeline
Write your pitch to share with leadership
Identify stakeholders & obstacles
Do your research to build a case
rationale for use
breastfeeding rates
breastmilk feeding data
NEC rates
Chart reviews
Cost savings and cost of not using PDHM
Build a budget for your program
Make a plan to share with organizational decision makers

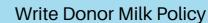
☐ Family engagement • culturally-appropriate educational

Toolkit Essentials

materials

☐ Staff education • best practice and research

Develop patient criteria for PDHM



Consider Consent form

PDHM management

• best practice and logistics

preparation

Review regulatory issues





Sign-up to learn the latest on nonprofit milk banking.

