

**2023** SYMPOSIUM ON  
**HUMAN MILK BANKING**  
APRIL 21-22, 2023 - COLUMBUS, OH

Welcome to the 2023 HMBANA Symposium! We're thrilled to have you join us for our third biennial educational meeting for milk banking professionals. With over 150 participants from 30 member milk banks, as well as board members and generous exhibitors, this symposium promises to be an exciting and informative event.

We would like to extend our gratitude to the dedicated milk banking volunteers who have made this symposium possible, especially our fantastic conference chair, Lesley Mondeaux, and the HMBANA conference committee. We would also like to thank Chris Smith, Marla Wilson, and the team at OhioHealth Mothers' Milk bank for hosting the milk bank mingle, and all of the talented speakers, facilitators, and volunteers who have contributed their time and expertise to this event.

As you prepare for the symposium, please note that the hotel offers a free shuttle to and from the airport. Wi-Fi is free throughout the hotel. Breakfast is included in your hotel rate; use your breakfast vouchers, as there is no group breakfast planned. Lunch is included on Friday. Shuttles will depart from the lobby to take attendees to the milk bank mingle. On Saturday morning, please wear your favorite milk bank t-shirt for a group photo.

We hope that you will find this symposium to be a valuable opportunity for sharing best practices and advancing our knowledge about milk banking. Thank you for joining us, and we wish you a productive and enjoyable experience.



Sincerely,

*Lindsay Groff*

Lindsay Groff, MBA  
Executive Director  
HMBANA



The staff at OhioHealth Mothers' Milk Bank looks forward to welcoming all to the Milk Bank Mingle!

# 2023 HMBANA SYMPOSIUM - SCHEDULE

## THURSDAY

APRIL 20, 2023

- 9:00 am - 5:00 pm  
*Board only*      **Strategic Planning Session** [*Deshler I*]
- 5:00 pm - 7:00 pm      **Registration Desk Open** [*Outside Ballroom*]
- 6:00 pm - 8:30 pm  
*Medical directors only*      **Medical Directors Meeting** [*Hotel Restaurant*]
- 7:30 pm - 9:00 pm  
*Directors only*      **Director Night Cap Meet Up** [*Hotel Restaurant*]

## FRIDAY

APRIL 21, 2023

- 7:00 am - 8:00 am      **Registration Desk Open** [*Outside Ballroom*]
- 8:00 am - 8:30 am      **Welcome & Symposium Kickoff**  
Lindsay Groff & Summer Kelly [*Deshler I-IV*]
- 8:30 am - 9:15 am      **Donor Milk in the Broader Field of Maternal and Child Health**  
Kimberly Broomfield-Massey [*Deshler I-IV*]
- 9:15 am - 10:00 am      **Protecting Data in Healthcare**  
Nathan Arlington & Ryan Hohman [*Deshler I-IV*]
- 10:00 am - 10:15 am      **Exhibitor Coffee Break** [*Atrium*]
- 10:15 am - 11:15 am      **The FDA and Milk Banking: No Recalls Here**  
Summer Kelly & Kim Updegrove [*Deshler I-IV*]
- 11:15 am - 12:00 pm      **Overview and Preliminary Findings from a Global Study to Characterize Nutrients in Donor Human Milk** - Maryanne Perrin [*Deshler I-IV*]
- 12:00 pm - 1:00 pm      **Group Lunch** [*Wallick I-III*]
- 1:00 pm - 2:00 pm      **Legislative Updates at the Federal and Local Level**  
Sarah Bolton & Denise O'Connor [*Deshler I-IV*]
- 2:00 pm - 3:00 pm  
*Choose One*      **Breakout Sessions**
- **Milk Lab Best Practices: Make a Product NICUs Trust**  
Lisa Stellwagen [*St Charles I*]
  - **Dancing through Donor Screening: Techniques to Enhance Communication** - Ashlynn Baker [*St Charles III*]
  - **Preparing for a HMBANA Audit** - Lesley Mondeaux [*Deshler I-IV*]
- 3:00 pm - 3:15 pm      **Break with Exhibitors** [*Atrium*]

FRIDAY  
CONTINUED

- 3:15 pm - 4:15 pm **Building a Community Care Program for Outpatients**  
Linda Dech, Jannette Festival & Freedom Kolb [*Deshler I-IV*]
- 4:15 pm - 5:00 pm **Self-Care Strategies for Milk Bankers** - Stacy Notestine  
[*Deshler I-IV*]
- 5:30 pm - 7:30 pm **Milk Bank Mingle: OhioHealth Mothers' Milk Bank**  
[*Meet in Lobby*]

SATURDAY  
APRIL 22, 2023

- 7:30 am - 8:00 am **Registration Desk Open** [*Outside Ballroom*]
- 8:00 am - 8:15 am **Welcome**  
Lindsay Groff [*Deshler I-IV*]
- 8:15 am - 8:30 am **Group Photo: Wear Your Favorite Milk Bank T-Shirt** [*Deshler I-IV*]
- 8:30 am - 9:15 am **Bringing the Human Back to Human Resources**  
Heather Eyerman [*Deshler I-IV*]
- 9:15 am - 9:45 am **Tips for High Impact Storytelling** - Jenna Streit [*Deshler I-IV*]
- 9:45 am - 10:15 am **Exhibitor Coffee Break** [*Atrium*]
- 10:15 am - 11:00 am **Breakout Sessions**  
*Choose One*
- **Three Ways to S.E.A.: Equity in Your Milk Bank**  
Jinnie Hoggarth, Andrea Arreola & Katrice Hodges-Perkins  
[*St Charles I*]
  - **New Ideas for Equipment in Milk Processing** - Shaina Starks  
[*St Charles III*]
  - **Milk Donation After Loss: A Legacy of Love** - Susan Urbanski  
[*Deshler I-IV*]
- 11:00 am - 11:45 am **Round Tables** [*Deshler I-IV*]
- Engaging Milk Depots
  - Ins and Outs of a Milk Drive
  - Hospital-Based Milk Banks: Navigating the Current Healthcare System
  - Ways Milk Banks Can Support Breastfeeding
  - Two Month Milk Donor Follow-Up Ideas
  - Running a Successful Dispensary Program
  - Innovative Shipping Solutions
- 11:45 am - 12:15 pm **Impact: A Full Circle Moment** - Sarah Kelly, Kira Magrann & Tiffany Smith [*Deshler I-IV*]
- 12:15 pm - 12:30 pm **Wrap-up, Passport Prizes** - Lindsay Groff & Summer Kelly  
[*Deshler I-IV*]

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## BUILDING A WORLD WITHOUT NEC ■

### What is the NEC Society?

The NEC Society is a 501(c)(3) charity organization led by families who have been personally affected by NEC (necrotizing enterocolitis), a devastating intestinal disease of neonates. The NEC Society brings together families, healthcare providers, researchers, and others who are committed to **building a world without NEC.**

### What does the NEC Society do?

- Advocates for best clinical practices in the prevention and treatment of NEC
- Funds, supports, and catalyzes NEC research
- Provides resources to families affected by NEC
- Hosts biennial NEC Symposium
- Hosts educational webinars
- And much more!



May is NEC awareness month.  
Please consider supporting our work,  
for babies like Micah and Sarah!  
[www.NECsociety.org](http://www.NECsociety.org)





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## JOIN THE #MILKBANKCHALLENGE

ConceiveAbilities Surrogacy Agency's #MilkBankChallenge inspired women across the country to donate over 650,000 ounces of milk.

22 HMBANA milk banks were among the beneficiaries. This year our 2023 goal is ONE MILLION OUNCES!

Stop by our exhibitor table to learn how your milk bank can become a #MilkBankChallenge partner.

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- 2. Prepare Pool
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- 4. Dispense Milk



Receive Deposits



Prepare Pool



Prepare Batch



Dispense Milk

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# INTERNATIONAL DONOR MILK CONFERENCE

Austin, Texas, April 15-16, 2024